

URINE COLLECTION FOR DEOXYPYRIDINOLINE (DPD)

MATERIAL NEEDED FOR COLLECTION

No. 2 white-capped conical bottom tubes provided by the Collection Center or can be purchased at the pharmacy.



DIRECTIONS AND METHOD OF COLLECTION

Collect the first urine of the morning.

1. Wash hands and external genitalia well with soap and water (do not use disinfectants), rinse and dry thoroughly.
2. Uncover the glans (for men) or spread the labia of the vulva (for women) with your fingers.
3. Collect the first stream of urine (about 50mL) in a clean container (e.g., disposable plastic cup)
4. Decant the urine into the tubes and cap them carefully.
5. Identify the test tubes by writing biographical data (first name, last name and date of birth) on the label.
6. Deliver the test tubes to the collection center.