

## SPUTUM COLLECTION FOR CULTURE EXAM

### MATERIAL NEEDED FOR COLLECTION

Sterile, wide-opening, screw-top container provided by the Collection Center or available for purchase at the pharmacy.



### DIRECTIONS AND METHOD OF COLLECTION

Carry out collection preferably in the morning on an empty stomach

1. On the morning of collection, remove any dentures or removable prostheses and rinse the mouth with water (do not use mouthwash or oral disinfectants).
2. Exhale into the sterile container, avoiding contamination with saliva or nasal secretion; if contamination occurs, repeat collection using another container.
3. Close the container carefully with the screw cap.
4. Identify the container by writing first name, last name date of birth and **date of collection on the label.**
5. Deliver the specimen to the Collection Center **within 1-2 hours after collection or 3-4 hours if stored at refrigerated temperature.**

### WARNING

In the case of a request for collection on several subsequent days, each sample must be delivered separately; it is NOT possible to deliver all samples together.