

## URINE COLLECTION FOR DETECTION OF MYCOBACTERIA

### MATERIAL NEEDED FOR COLLECTION

Sterile container with wide opening and screw cap provided by the Collection Center or can be purchased at the pharmacy (in case of requesting the test on multiple samples, use one container for each sample requested).

### DIRECTIONS AND METHOD OF COLLECTION

Collect the sample in the morning when waking up

1. Wash hands and external genitalia well with soap and water (do not use disinfectants), rinse and dry thoroughly.
2. Open the jar without touching the inside
3. Uncover the glans (for men) or spread the lips of the vulva with your fingers (for women).
4. Urinate by discarding the first stream and then, without stopping urination, directly into the canister, filling it up to half; discard the rest of the last urine.
5. Screw the lid on tightly without touching the inside.
6. Identify the container by writing first name last name and date of birth on the label.
7. Store the urine in a refrigerated environment until it is delivered to the Collection Center.

### WARNING

In the case of requesting the test on multiple samples, perform the collection on consecutive days using a container for each collection. Deliver the samples to the collection center all at once within 60 hours of the start of collection.