

GLUCOSE LOADING CURVE

INSTRUCTIONS

Seriato Withdrawal Center: Report to the Withdrawal Center by 9:30 a.m.

Trescore Balneario Withdrawal Center: report at 7:30 a.m.

For all other Withdrawal Centers, report during normal opening hours.

Do a fast of at least 8 hours (maximum 14) before the examination.

The examination includes:

1. Basal blood glucose sampling and blood glucose determination with POCT to assess suitability for further examination
2. Administration of g 75 glucose in 300 mL of solution (in pediatric age administration of g 7.75 pro Kg glucose), glucose solution should be drunk in about 5 minutes.
3. blood sampling at 60 and 120 minutes after glucose administration. The curve may be prolonged up to six times depending on the prescribing physician's indication.

During the entire duration of the test remain sitting or lying down, without smoking or eating.

Do not leave the testing center for the duration of the test.

In case of vomiting, notify the nurse: the test will be suspended and only basal blood glucose will be performed.